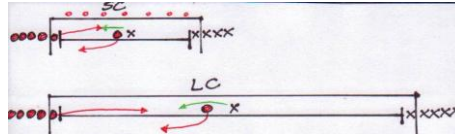


ROCK – PAPER – SCISSORS



THE GAME KIDS LOVE TO PLAY

1. 4 TO 6 SWIMMERS IN WATER ON THE WALL
2. SWIM TO OTHER SWIMMER DO ROCK / PAPER / SCISSORS
3. WINNER SPRINTS TO GOAL (OPPOSITE SIDE)
4. NEXT SWIMMER SPRINTS OUT TO MEET THEM FOR R/P/S
5. LOSER GOES BACK TO TEAM TO SPRINT WHEN NEEDED

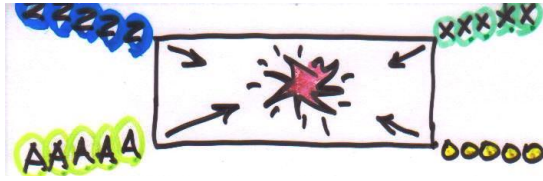
Rock Band or Race Horse

Rock Band or Race Horse			
Race Horses			
Hip Twenty-five	Count It Up	Out Coached	Boston Blitz
Drew's Delight	Chain of Miracles	Jordan's Party	Cast No Shadow
Country Fair	Magic Bert	XYZ	Album Leaf
Mill Street Blues	Stormy Hostage	Phone First	Stray Cat Blues
Poolhall	Three Ladies Man	Shoalits Tale	Esther Egg
Coilhan	Decipherance	Met'a Flew	Imamyto
Wegotta	Olympic Experience	Jazzamatassie	Champagne Now
Skeete's Bay	Amanzi	Lasting Joy	Island Delight
Formidable Gold	Luck Out	Taylor's Giggie	Harmony River
Bright Spot	Wild Axe	Mischievous Lover	Take My Word
Lil Firefly	Ainworthanickle	Black Cat Sally	Link to the Moon
Really Slick	Tricker	Country Silence	Unconfessed
Buzzard's Bay	Brother Derek	Brass Hat	Steppenwofler
Bandini	Surf Cat	Descreet Cat	Sacred Light
Flower Alley	Sharp Humor	Bushfire	Splender Blender
Rock Bands			
Leftlane Cruisin'	Coal Kitchen	Green Machine	Longshot
Spazmatic	Black Mambazo	Aceyalone	Frisbe
Grazyna Auyisuk	Electric Eel Shock	Steel Train	Rose Hill Drive
Starflyer	Two Gallants	Talkdemonic	Darlyne Cain
AFI	Drowning Pool	Kill Hannah	Suffocation
Shadows Fall	Nouvelle Vague	Kid Beyond	Buzzcocks
Big Whiskey	Pugstee Atomz	Parliament	Funkadelic
Naked Sunday	Gomez	Raised on Zenith	Jah Dan and JahLock
Faun Fables	Fuzzy Cousin	Bird Name	Time Machine
Gym Class Hero	S.T.Monroe	Moxie Motive	Two Timin' Three
Plastic Crimewave	Nyco	Nights of Fire	Beatle Stix

BACKWARDS PRACTICE

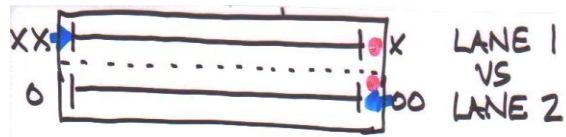
nwodmraW RF 002
 teskciK 2 @ MI 001 X 4
 tes niaM miws 03:@ MI 001 X 01
 tes-erP hctiws 1 @ 05 X 8
 pumraW eciohC 004 eerF IIA
 llirD 004
 kcik 004
 noegip
 pu-naelc

DEMOLITION DERBY



CATCH-UP RELAY

(AUSTRALIAN)



UPS N' DOWNS

SPEEDPLAY: 12 X 50 @45

odds get FASTER – evens get SLOWER

