

Rock Band or Race Horse

The following list of rock bands and race horses may be used in the game as a send-off for a set of swims. Generally used in warm-up or warm-down as a method of infusing fun, variety, and an absence of thought while swimming. There are no penalties for guessing or missing the name. When the swimmers finish the swim the coach yells out the name of a rock band or race horse from this list or one generated from the newspaper horse racing section or entertainment section.

Once the name has been given the coach says, “rock band” and the swimmers that think it’s a rock band raise their hand. That is followed by yelling “race horse” and the swimmers that think it’s a race horse then raise their hand. The coach then yells the correct guess and the swimmers start their next swim on the next zero or five.

It’s a fun way to start or end practice and the kids really get into cheering for good guesses.

Race Horses

Hip Twenty-five	Count It Up	Out Coached	Boston Blitz
Drew’s Delight	Chain of Miricles	Jordan’s Party	Cast No Shadow
Country Fair	Magic Berti	XYZ	Album Leaf
Mill Street Blues	Stormy Hostage	Phone First	Stray Cat Blues
Poolhall	Three Ladies Man	Shoalihs Tale	Esther Egg
Colihan	Decipherance	Met’a Flew	Imamyto
Wegotta	Olympic Experience	Jazzamatassie	Champagne Now
Skeete’s Bay	Amanzi	Lasting Joy	Island Delight
Formidable Gold	Luck Out	Taylor’s Giggle	Harmony River
Bright Spot	Wild Axe	Mischievous Lover	Take My Word
Lil Firefly	Ainworthanickle	Black Cat Sally	Link to the Moon
Really Slick	Tricker	Country Silence	Unconfessed
Buzzard’s Bay	Brother Derek	Brass Hat	Steppenwolfer
Bandini	Surf Cat	Descreet Cat	Sacred Light
Flower Alley	Sharp Humor	Bushfire	Splendor Blender
Spangled Star	Uptowncharliebrow	Make Music for Me	Fly Down
Ice Box	Drosselmeyer	Game on Dude	Ineractif
Stay Put			

Rock Bands

Leftlane Cruisin’	Coal Kitchen	Green Machine	Longshot
Spazmatic	Black Mambazo	Aceyalone	Frisbe
Grazyna Auyisuk	Electric Eel Shock	Steel Train	Rose Hill Drive
Starflyer	Two Gallants	Talkdemonic	Darlyne Cain
AFI	Drowning Pool	Kill Hannah	Suffocation
Shadows Fall	Nouvelle Vague	Kid Beyond	Buzzcocks
Big Whiskey	Pugslee Atomz	Parliamont Funkadelic	Alena
Naked Sunday	Gomez	Raised on Zenith	Jah Dan and JahLock
Faun Fables	Fuzzy Cousin	Bird Name	Time Machine
Gym Class Hero	S.T.Monroe	Moxie Motive	Two Timin’ Three
Plastic Crimewave	Nyco	Nights of Fire	Beatle Stix

